

More Joy Every Day!

Intuitive Life Mastery Exploration



What lights you up? Makes you smile? Warms your heart?

Explore your own unique relationship with joy.

This intimate experiential group includes:

- Expressive arts project
- Intuitive exploration of what brings you JOY
- Life coaching about what blocks your JOY
- Creation of personal JOY practices you can use everyday

2 – 4 hour workshop

Up to 15 participants

All supplies provided.

NO ARTISTIC EXPERIENCE NEEDED.

Call Paula Holland De Long at 954-565-6894
or email Paula@WhatsNextForMyLife.com for more information.

WHAT'S NEXT FOR MY LIFE?™